

Assess the Various Leadership styles among Students in Dr. G. Sakunthala College of Nursing, Trichy.

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Abstract

Students are healthy, active, and dynamic and constitute a greater proportion of population. Considering the importance and significance the study has been carried out by the researcher to assess the various leadership styles preferred by nursing students. With the help of purposive sampling 92 students were studied through modified Leadership style questionnaire. Regarding the authoritarian style out of 92 students 7 students are strongly preferred the style and 85 students under transition. About democratic style 4 students are strongly preferred the style and 88 students under transition. About transformational style 36 students are strongly preferred the style and 56 students under transition. There is a significant association with age, occupation of mother and father and residence. Transformational leadership is about hearts and minds to empowering people not controlling them. Conducting Leadership training programme to educate & encourage the students lead with transformational leadership style.

Keywords: Leadership styles, Authoritarian, Democratic and Transformational.

Introduction

“Today’s students are tomorrow’s leaders. They are the backbone of the country”. Today, the phrase, “The only constant is change,” seems truer and truer. Change is inevitable; therefore, we should seek leadership and use leadership styles that embrace change. Are leaders born or made? Evidence that both inherent personality and environment factors also influence a person to a leader [1].

Nurses not only be able to deliver quality nursing care, but will also need to be capable of creating innovative approaches this is only achieved by the nurse leaders. Students are healthy, active, dynamic and receptive and constitute a greater proportion of today’s population. They have to be encouraged, inspired and motivated to produce innovations by the nurse leaders [2]. Considering the importance and significance of these needs, the study has been carried out by the researcher to assess the various leadership styles preferred by nursing students in Dr. G .Sakunthala College of nursing, trichy.

Leadership is a very personal concept. As health care technology advances and patients require more care, nurses will need to be prepared to change from the old practices and incorporate new care practices and systems. The methods implemented by nurse leaders often reflect philosophical beliefs and theoretical underpinnings [3].

Transformational leadership can be one of the best resources for institutional change. Because it lends itself to successful change, the latest paradigm shift has directed scholars toward focusing on

transformational leadership more than they ever have [4]. 75 % of current nurse leaders are plan to leave the work force by 2020. Given this prediction, it is imperative that more attention to be given to the identification and development of nurse leaders [5].

Objectives

1. To assess the various leadership styles among B.Sc nursing students in Dr.G.Sakunthala College of nursing, trichy.
2. To associate leadership styles of students with their demographic variables.

Hypothesis

H1: There is a significant association between the various leadership styles among B.Sc nursing students with their selected demographical variables.

Materials and method used

Research approach: An evaluative research approach was used.

Research design: Pre-experimental, One group pre-test post-test design.

Setting of the study: The study was conducted at Dr.G.Sakunthala College of nursing, trichy.

Population: The population of present study consists of B.Sc nursing students in Dr.G.Sakunthala College of nursing, trichy.

Sampling and sample size: Non probability purposive sampling technique was used. 92 samples was selected from II, III Year B.Sc nursing Students of Dr.G.Sakunthala College of nursing, trichy

Variables

Research variable: In this present study leadership styles among B.Sc nursing students was the independent variables.

Demographic variable: Age, Medium of instruction in school, Occupation of the father, Occupation of the mother, Place of residence, Type of family, Family income per month, Exposure to previous teaching programme, previous leadership position

Sampling criteria

Inclusion Criteria

- Those who are present at the time of data collection.
- Those who are willing to participate in the study.

Exclusion Criteria

- Those who are not available at the time of data collection.

Description of tool

Section I: Demographic Variable

Medium of instruction in school, Occupation of the father, Occupation of the mother, Place of residence, Type of family, Family income per month, Exposure to previous teaching programme, previous leadership positions

Section II: Leadership style questionnaire

It consist of authoritarian, democratic, transformational leadership related questions.

Data collection procedure

Study was conducted in Dr.G.Sakunthala College of nursing, trichy. Totally 92 students were selected through purposive sampling technique and the investigator explained about the purpose of the study. The informed consent was obtained from each student and the questionnaire was distributed to the students and collected back after their filling. A well prepared structured teaching was given to the students to enrich the knowledge on various types of leadership.

Plan for data analysis

The data analysis was planned to include descriptive and inferential statistics like frequency and percentage distribution, mean and standard deviation. Chi-square test to study the association between their demographic variables

Data analysis and major findings

Section A: Demographic Variables

1. Majority of the students 67.4% were in the age group of 20-21years and 32.6% in the age group of 18-19 years.
2. Majority of medium of instruction at school in tamil 95.7%, English 2.2% and hindi 2.2%.
3. Majority of occupation of father reveals that laborer 72.2%, Employee 22.4% and business 6.4%
4. Majority of occupation of mother reveals that home-maker 78.3%, labourer 19.6%, and employee 2.2%
5. Majority of the students 64.1% were of rural area and urban 35.9%.
6. Majority 56.5% of students were from joint family, 43.5% from nuclear family.

Section B: Various leadership styles

Table1: Frequency and percentage of Authoritarian style N=92

Phase of leadership	Frequency	Percentage
Strong	7	7.6
Transition	85	92.4
Least	0	0

Analysis reveals that out of 92 students 7 students are strongly preferred the style and 85 students under transition

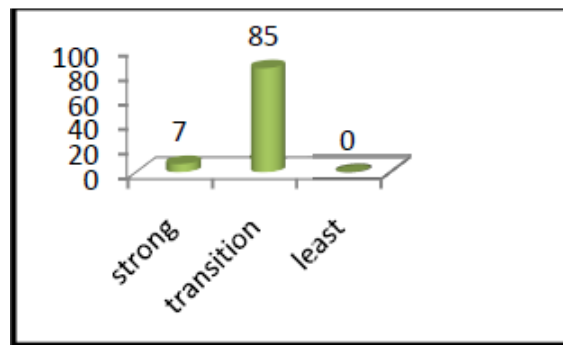


Figure 1: Distribution of Authoritarian style

Table 2: Frequency and percentage of Democratic style N=92

Phase of leadership	Frequency	Percentage
Strong	4	4.3
Transition	88	95.7
Least	0	0

Findings shows that out of 92 students 4 students are strongly preferred the style and 88 students under transition phase of leadership.

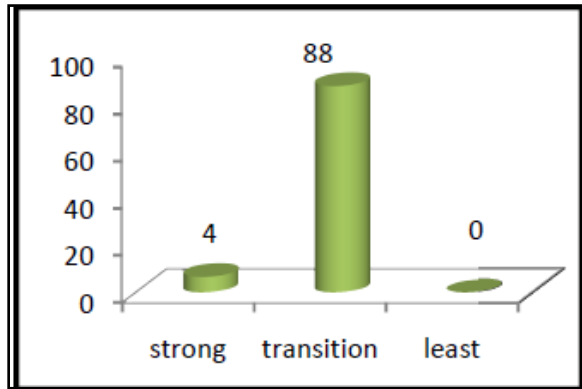


Figure 2: Distribution of democratic style

Table 3: Frequency and percentage of Transformational style N=92

Phase of leadership	Frequency	Percentage
Strong	36	39.1
Transition	56	60.9
Least	0	

The results reveals about transformational style 36 students are strongly preferred the style and 56 students under transition

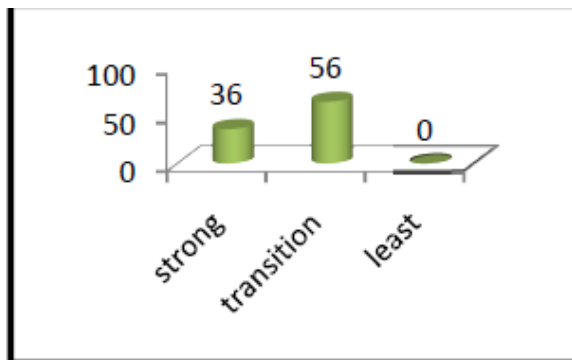


Figure 3: Distribution of transformational style

Recommendations

- A similar study can be conducted in different settings..
- A comparative study on leadership styles among staffs and students.
- A study may be conducted among arts and science students and staffs.
- Conducting Leadership training programme through regional languages should be provided to educate & encourage the student community to join various organizations, society and lead with transformational leadership style.

Conclusion

Transformational leadership is about hearts and minds, about empowering people not controlling them. The transactional leader does not focus on the individual needs of the follower, nor does the transactional leader focus on the personal development of the follower. The study results suggested that 36% of students are strongly possess the transformational leadership and remaining 64 % of students are in transitional stage .so education and providing leadership role to the students in their academic activities means the transitional stage people also come to the strong possess towards transformational leadership style. Transactional leaders are usually influential because it is in the best interest of the follower to do what the leader asks.

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